




# February 2020

	February 2020				
Monday	Tuesday	Wednesday	Thursday	Friday	
<p><b>Senior Center Activities &amp; Transportation Services are Cancelled When ORR Regional Schools are closed due to inclement weather</b></p>	<p>Complimentary Breakfast on your Birthday</p> 	 <p>Thanks to all of our supporters, you make this all possible.</p>	<p>The Kitchen improvement Project May Impact this Schedule. We Thank You for your understanding and look forward to our Beautiful new Kitchen.</p>	<p>7-9 Breakfast 31.  <b>9:00-12:00 Fitness Room</b>  <b>9:30 French Conversation &amp; Culture</b>            9:30 Line Dancing Class            12:00 Chair Yoga            1:30 Movie</p>	
<p>7-9 Breakfast 3.  <b>9:00-12:00 Fitness Room</b>            9:00 Art Group  <b>9:00 Cribbage &amp; Mah Jong</b>  <b>12:00 Lunch with Marsha Hartley- Chicken Pot Pie</b>            1:15 Chair Yoga            2:30 Stepping &amp; Stretching Class</p>	<p>7-9 Breakfast 4.            9:00 Scrabble  <b>10:00-1:00 Fitness Room</b>            11:30 Lunch            1:00 Line Dancing Class</p>	<p>7-9 Breakfast 5.  <b>9:00-12:00 Fitness Room</b>            9:00-12 AARP Tax Preparation by Appointment only.            9:30 Grocery Shopping            10:00 Ballroom Dancing Class  <b>10:00 Blood Pressure Clinic</b>            11:30 Lunch            12:30 BINGO 6:00 ZUMBA</p>	<p>7-9 Breakfast 6.  <b>9:00-12:00 Fitness Room</b>            9:00 Busy Bees            9:00 Hand &amp; Foot            11:30 Lunch            2:30 Stepping &amp; Stretching  <b>3:00 Legal Appointments</b></p>	<p>7-9 Breakfast 7.  <b>9:00-12:00 Fitness Room</b>  <b>9:30 French Conversation &amp; Culture</b>            9:30 Line Dancing Class            12:00 Chair Yoga            1:30 Movie            &amp;            Ice Cream Social            Please sign up.</p>	
<p>7-9 Breakfast 10.  <b>9:00-12:00 Fitness Room</b>            9:00 Art Group  <b>9:00 Cribbage &amp; Mah Jong</b>  <b>12:00 Lunch with Jadine &amp; Wok Magic</b>  <b>12:00 Cardiac Heart Presentation</b>            1:15 Chair Yoga            2:30 Stepping &amp; Stretching Class</p>	<p>7-9 Breakfast 11.            9:00 Scrabble  <b>9:30 Happy Hookers</b>  <b>10:00-1:00 Fitness Room</b>            11:30 Lunch            1:00 Line Dancing Class</p>	<p>7-9 Breakfast 12.  <b>9:00-12:00 Fitness Room</b>  <b>9:00 COA Board Meeting At Town Hall</b>  <b>10:30 Friends Board Mtg at Senior Center</b>  <b>9:30 Grocery Shopping</b>            10:00 Ballroom Dancing Class  <b>10:00 Blood Pressure Clinic</b>            11:30 Lunch  <b>12:00-4:00 GBFB Pickup</b>            12:30 BINGO 6:00 ZUMBA</p>	<p>7-9 Breakfast 13.  <b>9:00-12:00 Fitness Room</b>            9:00 Busy Bees            9:00 Hand &amp; Foot            11:30 Lunch            2:30 Stepping &amp; Stretching  <b>5:30 Friends Fund Raising Dinner- Chicken, Steak &amp; Chocolate Cake</b></p>	<p>7-9 Breakfast 14.  <b>9:00-12:00 Fitness Room</b>  <b>9:30 French Conversation &amp; Culture</b>            9:30 Line Dancing Class            12:00 Chair Yoga    <b>1:30 Annual Year of Remembrance</b></p>	
<p>17.  <b>Senior Center Closed For the President's Day Holiday</b></p>	<p>7-9 Breakfast 18.            9:00 Scrabble  <b>10:00-1:00 Fitness Room</b>  <b>10:15 Senior Book Club</b>            11:30 Lunch            1:00 Line Dancing Class</p>	<p>7-9 Breakfast 19.  <b>9:00-12:00 Fitness Room</b>  <b>9:30 Grocery Shopping</b>            9:00-12 AARP Tax Preparation by Appointment only.            10:00 Ballroom Dancing Class  <b>10:00 Blood Pressure Clinic</b>            11:30 Lunch  <b>12:00-2:00 Senator's Office Visits</b>            12:30 BINGO 6:00 ZUMBA</p>	<p>7-9 Breakfast 20.  <b>9:00-12:00 Fitness Room</b>            9:00 Busy Bees            9:00 Hand &amp; Foot            11:30 Lunch            2:30 Stepping &amp; Stretching</p>	<p>7-9 Breakfast 21.  <b>9:00-12:00 Fitness Room</b>  <b>9:30 French Conversation &amp; Culture</b>            9:30 Line Dancing Class            12:00 Chair Yoga  <b>1:30 Movie</b></p>	
<p>7-9 Breakfast 24.  <b>9:00-12:00 Fitness Room</b>            9:00 Art Group  <b>9:00 Cribbage &amp; Mah Jong</b>  <b>12:00 Hanna's Special Lunch</b>            1:15 Chair Yoga            2:30 Stepping &amp; Stretching</p>	<p>7-9 Breakfast 25.            9:00 Scrabble  <b>10:00-1:00 Fitness Room</b>            11:30 Lunch            1:00 Line Dancing Class</p>	<p>7-9 Breakfast 26.  <b>9:00-12:00 Fitness Room</b>  <b>9:30 Grocery Shopping</b>            10:00 Ballroom Dancing Class  <b>10:00 Blood Pressure Clinic</b>            11:30 Lunch            12:30 BINGO 6:00 ZUMBA</p>	<p>7-9 Breakfast 27.  <b>9:00-12:00 Fitness Room</b>            9:00 Busy Bees            9:00 Hand &amp; Foot            11-12 Association for the Blind            11:30 Lunch            2:30 Stepping &amp; Stretching</p>	<p>7-9 Breakfast 28.  <b>9:00-12:00 Fitness Room</b>  <b>9:30 French Conversation &amp; Culture</b>            9:30 Line Dancing Class            12:00 Chair Yoga            1:30 Movie</p>	

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